

Member Code of Conduct

We are excited to welcome you to the ACADEMY. To ensure a safe environment for everyone we ask that you carefully read and sign the member code of conduct for COVID-19 protocol during our phased reopening.

Please note that masks are mandatory in the building unless engaged in high intensity workouts.

Entry

All members and visitors must go through each station and entrance requirements before using any part of the fitness facility including weight floor, studios or locker rooms.

- Hand and phone Sanitizing
- Reception and Check In
- No training or weight equipment may be brought to the fitness facility for personal usage.
- No food or drink including coffee can be brought in by members unless otherwise permitted. (Water bottles that are already filled are permitted.)

Beyond Check-In

- All members must clean/disinfect designated equipment before and after each use. Cleaning supplies are available.
- All members must wash hands as posted and described by Alberta Health Services and the Alberta Government
- **NEW** - All members and visitors must always maintain 3meters/9 feet of physical distance
- All members and visitors must follow all directional signage and instructions from team members
- Physical distancing must be respected. No contact of any kind is permitted including spotting
- **NEW** - *Only light intensity workouts are allowed at this time. Failure to comply with guidelines may result in the suspension of booking reservation privileges.*

Exit

- Members are highly encouraged to follow Alberta Health Services and Government of Alberta guidelines outside of the facility to mitigate risk of transmission
- Any items, for example clothing or water bottles, found during the cleaning intermissions will be disposed in the garbage the same day. There will be NO Lost and Found.

WAIVER: In light of the COVID-19 pandemic, I reaffirm the Waiver which I executed on my Member Agreement and assume the risk of use of the Heavens Fitness Ltd. facilities.

COVID HEALTH DECLARATION

In order to ensure the health and safety of all of our staff, members, clients and patrons, The ACADEMY requires visitors to fill out a COVID HEALTH DECLARATION prior to return to the fitness centres. Anyone who answers YES to any of the questions or displays any of the listed symptoms WILL NOT be allowed in the fitness facility until such a time that the person is deemed healthy by their physician.

1. Do you have any of the below symptoms:

- Fever (greater than 38.0C) YES NO
- Cough YES NO
- Shortness of Breath / Difficulty Breathing YES NO
- Sore throat YES NO
- Runny Nose YES NO

2. Have you, or anyone in your household travelled outside of Canada in the last 14 days? YES NO

3. Have you, or anyone in your household been in contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19? YES NO

4. Are you currently being investigated as a suspect case of COVID-19? YES NO

5. Have you tested positive for COVID-19 within the last 10 days? YES NO

I agree to report any changes in my health with regards to Covid-19 symptoms immediately to the ACADEMY General Manager.

I acknowledge that the information provided on this document is correct and I agree to all of the stipulated conditions:

Name: (Please print) _____

Signature

Date

Please complete and return this form to lisa@heavensfitness.com prior to your first booking time. Entry will not be permitted to those that have not completed the form.

THEACADEMY